**BS in PHYSICAL EDUCATION TEACHING/COACHING (K-12) (663423) MAP Sheet**

**Department of Teacher Education**

For students entering the degree program during the 2015–2016 curricular year.

Students who are interested in the program should meet with the PETE program coordinator (249-D SFH) and Education Student Services (350 MCKB) in September of their sophomore year. Then they must complete the online application (found at [http://mylink.byu.edu](http://mylink.byu.edu)). Applications for the PETE program must be submitted by October 1 for Winter semester and March 1 for Fall semester.

This major is designed to prepare students to teach in public schools. In order to graduate with this major, students are required to complete Utah State Office of Education licensing requirements. To view these requirements go to [http://education.byu.edu/ess/licensing.html](http://education.byu.edu/ess/licensing.html) or contact Education Student Services, 350 MCKB, (801) 422-3426.

### UNIVERSITY CORE AND GRADUATION REQUIREMENTS

**UNIVERSITY CORE REQUIREMENTS**

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<tr>
<th>Requirements</th>
<th>#Classes</th>
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<td><strong>Religion Cornerstones</strong></td>
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<tr>
<td>Teachings and Doctrine, Book of Mormon</td>
<td>1</td>
<td>2.0</td>
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<tr>
<td>Jesus Christ &amp; the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
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<tr>
<td>Foundations of the Restoration</td>
<td>1</td>
<td>2.0</td>
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<tr>
<td>The Eternal Family</td>
<td>1</td>
<td>2.0</td>
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<td><strong>The Individual and Society</strong></td>
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<tr>
<td>Citizenship</td>
<td>1–2</td>
<td>3–6.0</td>
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<tr>
<td>American Heritage</td>
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<td></td>
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<tr>
<td>Global &amp; Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
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<tr>
<td><strong>Skills</strong></td>
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<td>Effective Communication</td>
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<tr>
<td>First-Year Writing</td>
<td>1</td>
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<tr>
<td>Adv Written &amp; Oral Communication</td>
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<td>3.0</td>
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<tr>
<td>Quantitative Reasoning</td>
<td>0–1</td>
<td>0–3.0</td>
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<tr>
<td>Language of Learning (Math or Language)</td>
<td>1–4</td>
<td>3–20.0</td>
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<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
<td>2</td>
<td>6.0</td>
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<tr>
<td>Civilization 1 and 2</td>
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<tr>
<td>Arts</td>
<td>1</td>
<td>3.0</td>
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<tr>
<td>Letters</td>
<td>1</td>
<td>3.0</td>
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<tr>
<td><strong>Scientific Principles &amp; Reasoning</strong></td>
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<tr>
<td>Biological Science</td>
<td>1</td>
<td>3.0</td>
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<tr>
<td>Physical Science</td>
<td>1–2</td>
<td>3–7.0</td>
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<tr>
<td>Social Science</td>
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<td>3.0</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
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<td>6.0</td>
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<tr>
<td>Open Electives</td>
<td>Variable</td>
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**GRADUATION REQUIREMENTS:**

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

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**PROGRAM REQUIREMENTS**

1. A teaching minor is not required for licensure. However, it is strongly recommended (approximately 16-30 hours).
2. Complete the PRAXIS II exam.
3. For students accepted into the major after August 1, 2014, grades below C in any required coursework in a teaching major or teaching minor will not be accepted. Teacher candidates must maintain a total GPA of 3.0 or higher throughout the program and to qualify for student teaching.

Complete the following required prerequisite courses:

- PDBio 220 Human Anatomy (with lab) 3.0
- SFL 210* Human Development 3.0

Complete the following:

- ExSc 302 Philosophical & Ethical Issues in Ex. Sci. 1.0
- ExSc 320 Basic Athletic Training 3.0
- ExSc 321 Basic Athletic Training Lab 0.5
- ExSc 365 Scientific Bases of Sport 2: Kinesiology 2.0
- PETE 230 K-12 Physical Activities Content & Skills 2.0
- PETE 231 K-12 Physical Activities Content & Skills 2.0
- PETE 307 Advocacy for Physical Education 2.0
- PETE 301 K-12 Healthy & Active Lifestyle Mgt 2.0
- PETE 364 Scientific Bases of Sport 1: Motor Learning 2.0
- PETE 366 Scientific Bases of Sport 3: Ex Phys 2.0
- PETE 399R Academic Internship (1 hour required) 4.0
- PETE 430 Principles of Coaching 2.0
- RecM 123 Intro to Outdoor Recreation 2.0

**Complete two courses from the following:**

- StAc 107 Pilates 0.5
- StAc 108 Zumba 0.5
- StAc 109 Yoga 0.5
- StAc 110 Indoor Cycling 0.5
- StAc 125 Flexibility 0.5
- StAc 141 Martial Arts 0.5
- StAc 155 Self-Defense 0.5
- StAc 171 Swimming, Beginning 0.5
- StAc 172 Swimming, Intermediate 0.5
- StAc 191 Weight Training, Beginning 0.5

**Complete one course from the following:**

- PETE 330R Coaching Selected Sports 2.0
- PETE 335 Coaching Competitive Swimming 2.0
- PETE 341 Coaching Basketball 2.0
- PETE 342 Coaching Track and Field 2.0
- PETE 344 Coaching Football 2.0
- PETE 345 Coaching Volleyball 2.0
- PETE 346 Coaching Baseball and Softball 2.0
- PETE 347 Coaching Soccer 2.0

**Complete the Professional Education Component:**

**Teacher Licensure Requirements:**

a. Complete the following:
   - PETE 274 Fundamental Skills & Tchg Methods 3.0
   - PETE 276R Exploration of Teaching 3.0
   - PETE 377* Secondary Practicum 3.0
   - PETE 461 Adapted PE for Teaching Majors 3.0
   - IP&T 286 Instructional Tech in Teaching 1.0
   - Sc Ed 350 Adolescent Development 2.0

b. Complete 12 hours of one of the following:
   - PETE 476R Student Teaching-Physical Education 12.0
   - Sc Ed 406 Academic Internship: Secondary Educ. 12.0

**Note:** FBI fingerprinting and background clearance must be completed prior to enrollment in PETE 276R.

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*THESE COURSES FILL UNIVERSITY CORE AND PROGRAM REQUIREMENTS (6 hours overlap)*
**Suggested Sequence of Courses:**

**FRESHMAN YEAR**
- **1st Semester**
  - First-year Writing: 3.0
  - Religion Cornerstone course: 2.0
  - Precalculus Math (if needed): 0–3.0
  - General Education courses: 8–11.0
  - **Total Hours:** 16.0
- **2nd Semester**
  - A Htg 100: 3.0
  - Religion Cornerstone course: 2.0
  - General Education courses: 7.0
  - **Total Hours:** 15.0

**SOPHOMORE YEAR**
- **3rd Semester**
  - SFL 210: 3.0
  - Religion Cornerstone course: 2.0
  - General Education courses: 9.0
  - **Total Hours:** 14.0
- **4th Semester**
  - Religion Cornerstone course: 2.0
  - General Education courses: 13.0
  - **Total Hours:** 15.0

**JUNIOR YEAR**
- **5th Semester**
  - Required classes first semester in PETE
    - PETE 230 (F): 2.0
    - PETE 274 (F): 3.0
    - IP&T 286 (F): 1.0
  - **Total Hours:** 6.0
  - **Suggested classes first semester in PETE**
    - PETE 300 (F): 2.0
    - ExSc 302 (FWSpSu): 1.0
    - PETE 364 (FW): 2.0
    - PETE 366 (FW): 2.0
    - PETE 330R-347 (choose one in the program*): 2.0
    - SIAC option: 0.5
    - Religion Elective: 2.0
    - **Total Hours:** 17.5
- **6th Semester**
  - Required classes second semester in PETE
    - PETE 231 (W): 2.0
    - PETE 276R (W): 3.0
    - PETE 461 (W): 3.0
  - **Total Hours:** 8.0
  - **Suggested classes second semester in PETE**
    - PETE 301 (W): 2.0
    - ExSc 365 (FW): 2.0
    - PETE 430 (FW): 2.0
    - SIAC option: 0.5
    - Religion Elective: 2.0
    - **Total Hours:** 16.5

**SENIOR YEAR**
- **7th Semester**
  - Required class third semester in PETE
    - PETE 377 (F): 3.0
    - RecM 123 (F): 2.0
  - **Total Hours:** 5.0
  - **Suggested classes third semester in PETE**
    - ExSc 320 (FWSpSu): 3.0
    - ExSc 321 (FWSpSu): 0.5
    - PETE 399R (FWSpSu): 1.0
    - Sc Ed 350 (FWSpSu): 2.0
    - Religion elective: 2.0
    - Electives: 1.5
    - **Total Hours:** 15.0
- **8th Semester**
  - Required classes fourth semester in PETE
    - PETE 476R (FW): 12.0
  - **Total Hours:** 12.0

**THE DISCIPLINE**
Students preparing to teach physical education and/or coach will have a variety of experiences that will enhance proficiency in the knowledge and skills requisite to working in the contemporary school setting. Majors learn to perform a variety of sport, fitness, and dance activities personally. After becoming proficient, students take courses and have practical experiences in teaching and coaching children, adolescents, and adults. The discipline is interesting and rewarding, and those in a teaching/coaching career help others pursue and practice healthy lifestyle habits.

**CAREER OPPORTUNITIES**
Graduates seek teaching and physical education/coaching careers in elementary and secondary educational settings. With an advanced degree, teaching and coaching positions at institutions of higher learning are available. It is recommended that students desiring to be optimally employable in secondary schools complete an approved teaching minor.

Please check with departments for current availability of all courses.

**Note:** Students are encouraged to complete an average of 16–17 credit hours each semester or 32–33 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.

**ENTRANCE TO PROGRAM**
This program accepts all interested students, but prior to beginning course work in the major, you must complete entrance forms. Students who are interested in the program should meet with the PETE program coordinator (249-D SFH) and Education Student Services (350 MCKB) in September of their sophomore year. Then they must complete the online application (found at http://mylink.byu.edu). Entrance forms for the PETE program must be submitted by October 1 for Winter semester and March 1 for Fall semester.

See advisor for suggested sequence of courses. PETE courses are scheduled during the third and fourth years.

This handout is NOT a contract between Brigham Young University and present or prospective students. Although the university makes every effort to ensure the accuracy of this information, it reserves the right to make changes as university business may require. Students should regularly consult their department or college advisement center.

Refer to the general catalog for course prerequisite information.

**Teacher Education Department**
201 MCKB
Brigham Young University, Provo, UT 84602
Telephone: (801) 422-4077
tedsec@byu.edu

**Coaching Internship**
Marie Bone
Advisor: Room: 249-F SFH
Phone: (801) 422-5285

**David O. McKay School of Education**
**Education Student Services**
350 MCKB
Brigham Young University, Provo, UT 84602
Telephone: (801) 422-3426
http://education.byu.edu/ess