### UNIVERSITY CORE AND GRADUATION REQUIREMENTS

#### UNIVERSITY CORE REQUIREMENTS

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Doctrinal Foundation</strong></td>
<td></td>
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<tr>
<td>Book of Mormon</td>
<td>2</td>
<td>4.0</td>
<td>Rel A 121/H and 122/H</td>
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<tr>
<td>New Testament</td>
<td>1</td>
<td>2.0</td>
<td>Rel A 211/H or 212/H</td>
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<tr>
<td>Doctrine and Covenants</td>
<td>1</td>
<td>2.0</td>
<td>Rel C 324/H or 325/H</td>
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<tr>
<td><strong>The Individual and Society</strong></td>
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<tr>
<td>Citizenship</td>
<td>1–2</td>
<td>3–6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global &amp; Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
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<tr>
<td>Effective Communication</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>First-Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Opt Written &amp; Oral Communication</td>
<td>0–1</td>
<td>0–3.0</td>
<td>Stat 121*</td>
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<tr>
<td>Quantitative Reasoning</td>
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<td>3.0</td>
<td>Stat 121*</td>
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<tr>
<td>Languages of Learning (Math or Language)</td>
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<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
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<tr>
<td>Civilization 1 and 2</td>
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<td>6.0</td>
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<tr>
<td>Arts</td>
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<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Letters</td>
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<tr>
<td>Scientific Principles &amp; Reasoning</td>
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<td>3–5.0</td>
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<tr>
<td>Biological Science</td>
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<td>3–7.0</td>
<td>from approved list</td>
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<tr>
<td>Physical Science</td>
<td>1–2</td>
<td>3–7.0</td>
<td>from approved list</td>
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<tr>
<td>Social Science</td>
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<td>3.0</td>
<td>SFL 160* or 210*</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
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<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
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</tbody>
</table>

#### PROGRAM REQUIREMENTS (46.0 total hours)

The School of Family Life requires a minimum of 18 hours of upper-division major course work to be taken in residency at BYU for this degree program. (This requirement includes taking at least 12 hours minimum of the human development core in residency at BYU.) These hours may also go toward BYU's 30-hour residency requirement for graduation.

Complete the following School of Family Life core courses:

- SFL 100 Strengthening Marriage & Family 3.0
- SFL 101 Intro to School of Family Life 1.0
- SFL 160* Introduction to Family Processes 3.0
- SFL 210* Human Development 3.0
- SFL 290 Critical Inquiry & Research Methods 3.0
- Stat 121* Principles of Statistics 3.0

Complete the following human development life-span core courses:

- SFL 331 Infant Development in the Family 3.0
- SFL 333 Adolescent Development in the Family 3.0
- SFL 334 Adult Development & Aging 3.0
- SFL 351 Socialization Across Childhood 3.0

Complete 6 hours from the following human development topic courses:

- SFL 352 Cognitive Development 3.0
- SFL 355 Language Development. 3.0
- SFL 358 Media, Family, & Human Development 3.0
- SFL 449 Biological Foundations of Human Dev 3.0
- SFL 453 Moral Development 3.0

Note: Courses taken beyond the 6 required hours may count towards the 9-hour electives/prerequisites requirement below.

Complete 9 hours of any SFL course as electives/prerequisites.

Complete 3 hours of a capstone experience from the following:

- SFL 399R Academic Internship 9.0V
- SFL 403R Research/Creative Works Practicum 3.0V
- SFL 490 Advanced Issues in Human Dev 3.0

Note 1: If SFL 490 is not used to fulfill the capstone requirement, it may be used to fulfill 3 of the 9-hour elective/prerequisite requirements above.

Note 2: For SFL 399R and 403R human development related experiences are preferred. Only 3 credit hours of 399R or 403R may count towards the 46-hour degree requirement. Additional credits may, however, count towards the overall 120-hour graduation requirement.

**FOR UNIVERSITY CORE AND PROGRAM QUESTIONS, CONTACT THE ADVISEMENT CENTER.**

*THESE CLASSES FILL BOTH UNIVERSITY CORE AND PROGRAM REQUIREMENTS (6.0 hours overlap)*
**Suggested Sequence of Courses:**

**FRESHMAN YEAR**

1st Semester
- SFL 100 3.0
- SFL 101 1.0
- First-year Writing 3.0
- or A Htg 100 (3.0)
- Rel A 121 2.0
- Precourse Math (if needed) 0–3.0
- General Education courses, and/or general electives 4–7.0
- **Total Hours 16.0**

2nd Semester
- A Htg 100 3.0
- or First-year Writing 3.0
- SFL 160 3.0
- SFL 210 3.0
- Rel A 122 2.0
- General Education courses, and/or general electives 4.0
- **Total Hours 15.0**

**SECOND YEAR**

3rd Semester
- SFL 290 3.0
- Stat 121 3.0
- Rel A 211 or 212 2.0
- General Education courses, and/or general electives 7.0
- **Total Hours 15.0**

4th Semester
- HD requirements and/or electives 6.0
- Religion elective 2.0
- General Education courses, and/or general electives 7.0
- **Total Hours 15.0**

**JUNIOR YEAR**

5th Semester
- Engi 315 3.0
- Rel C 324 or 325 2.0
- HD requirements and/or electives 6.0
- General Education courses, and/or general electives 4.0
- **Total Hours 15.0**

6th Semester
- HD requirements and/or electives 6.0
- Religion elective 2.0
- General Education courses, and/or general electives 7.0
- **Total Hours 15.0**

**SENIOR YEAR**

7th Semester
- HD requirements and/or electives 6.0
- Religion elective 2.0
- General Education courses, and/or general electives 7.0
- **Total Hours 15.0**

8th Semester
- HD requirements and/or electives 6.0
- General Education courses, and/or general electives 9.0
- **Total Hours 15.0**

*The capstone experience (Academic Internship–SFL 399R, Research Practicum–SFL 403R, or Advanced Issues in Human Development–SFL 490) should be taken during the senior year.

**THE DISCIPLINE:**

The human development emphasis centers on theories, research, and practices related to optimal human development within the context of family life. Human development scholarship provides a life-span perspective for understanding human development within the family by helping students learn how children, youth, and adults develop, change, and face challenges throughout the life course (infancy, childhood, adolescence, and adulthood). Our teaching strategy reflects a strong commitment to better critical thinking and problem solving skills as students become involved in mentored learning research, internships, and outreach experiences.

**CAREERS:**

The program in human development is a broad, liberal arts training designed to assist students as they seek professional activity (as volunteers or for pay) in settings where knowledge of human development and behavior is valued. An emphasis in human development prepares graduates to make significant contributions locally (e.g., one’s own family, church, and local community) and professionally (e.g., working in the community services profession, volunteer or paid professionals for worldwide human service-based organizations).

Some graduates with a human development emphasis are employed in community action centers, childcare centers, residential treatment centers, programs for the elderly, juvenile correction programs, and youth programs. Still other students prepare for volunteer-based community intervention (e.g., Habitat for Humanity, Red Cross, and The Muscular Dystrophy Association).

Additionally, a human development emphasis is an excellent undergraduate preparation for those pursuing graduate school in human development research. Others seek professional certification by obtaining advanced degrees in school counseling, special education, clinical gerontology, and clinical psychology.

For students who are interested in teaching opportunities in public schools, a major in early childhood education is available through the Teacher Education Department in the McKay School of Education. This certification qualifies individuals to teach kindergarten through third grade in public and private schools. The human development emphasis provides foundation courses for those preparing to enter early childhood education (see Teacher Education Department for a list of these courses).

In addition, an early childhood focus within the human development emphasis prepares students for vocations that do not require teacher certifications (e.g., Head Start).

For more information on careers in your major, please refer to From Major to Career, a publication located in all college advisement centers, or online at: http://ccc.byu.edu/majortocareer/Book.pdf#pagemode=bookmarks.

**RESEARCH OPPORTUNITIES:**

Contact your professor for this information.

**INTERNSHIPS, CO-OP & PRACTICAL ED:**

Contact the School of Family Life Internship Office, 1045 JFSB, 422-2168, for information.

**CLUB:**

School of Family Life Student Association (SFLSA)

Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.