This major is designed to prepare students to teach in public schools. In order to graduate with this major, students are required to complete Utah State Office of Education licensing requirements. To view these requirements go to [http://education.byu.edu/ess/licensing.html](http://education.byu.edu/ess/licensing.html) or contact Education Student Services, 120 MCKB, (801) 422-3426.

## UNIVERSITY CORE AND GRADUATION REQUIREMENTS

### UNIVERSITY CORE REQUIREMENTS

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
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### GRADUATION REQUIREMENTS:

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

### PROGRAM REQUIREMENTS (75–80.0 total hours, including licensure hours)

- Grades below C- in professional education courses or content courses will not be accepted in the teaching major or teaching minor. Teacher candidates must have a cumulative 2.85 GPA in teaching major and teaching minor courses to qualify for student teaching.

- An approved teaching minor must be completed (approximately 16–21 hours).

- Complete the following:
  - Hlth 311 Chronic Diseases: Prevention & Control 3.0
  - Hlth 320 Advanced First Aid & Safety 3.0
  - Hlth 335 Health Behavior Change 3.0
  - Hlth 383 Mind/Body Health 3.0
  - Hlth 420 Injury Prevention 3.0
  - Hlth 436 Sexuality Education in the Curriculum 3.0
  - Hlth 460 Substance Abuse & Addictive Behavior 3.0
  - NDFS 100 Essentials of Human Nutrition 3.0

- Complete 6 hours from the following:
  - Hlth 311 Infectious Diseases: Prevention & Control 3.0
  - Hlth 322 Environmental Health 3.0
  - Hlth 403R Health Problems Workshop 5.0V
  - Hlth 450 Women’s Health Issues 3.0

### Teacher licensure requirements:

- Contact the Education Advisement Center, 120 MCKB, 422-3426, to schedule the final interview to clear your application for the secondary teaching license. You should be registered for your last semester at BYU prior to the scheduled appointment.

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*This class fills both University Core and program requirements (3.0 hours overlap)*
BS in SCHOOL HEALTH EDUCATION (662520)
2012–2013

Suggested Sequence of Courses:

FRESHMAN YEAR
1st Semester
1st Year Writing 3.0
OR A Htg 100 (3.0)
Rel A 121 (FWSpSu) 2.0
Global & Cultural Awareness elective 3.0
Physical Science elective 3.0
Quantitative Reasoning (if needed) 3.0
Total Hours 14.0

2nd Semester
A Htg 100 3.0
or 1st Year Writing (3.0)
Rel A 122 (FWSpSu) 2.0
Civilization 1 elective 3.0
Biological Science elective 3.0
Total Hours 14.0

SOPHOMORE YEAR
3rd Semester
Hlth 276R (FW) 3.0
Sc Ed 350 2.0
Sc Ed 353 2.0
Rel A 211 or 212 (FWSpSu) 2.0
Civilization 2 elective 3.0
Minor course 3.0
Total Hours 15.0

4th Semester
Hlth 335 3.0
Hlth 383 3.0
NDFS 100 (FWSpSu) 3.0
Rel C 324 or 325 (FWSpSu) 2.0
Arts or Letters elective 3.0
Minor course 3.0
Total Hours 17.0

JUNIOR YEAR
5th Semester
Hlth 310 (FWSp) 3.0
Hlth 436 (FSp) 3.0
Religion elective 2.0
Minor courses 3.0
Arts or Letters elective 3.0
Total Hours 14.0

6th Semester
Hlth 460 (FWSp) 3.0
IP&T 286 (FWSpSu) 1.0
Major elective 3.0
Religion elective 2.0
Minor courses 3.0
Total Hours 15.0

SENIOR YEAR
7th Semester
Hlth 381 (F) 3.0
Hlth 420 (FWSp) 2.0
Minor courses 7.0
Total Hours 15.0

8th Semester
CPSE 402 2.0
Hlth 382 (W) 3.0
Sc Ed 379 (FWSpSu) 2.0
Minor or elective courses (if needed) 7.0
Total Hours 14.0

9th Semester
Hlth 476 (FW) 12.0
Total Hours 12.0

All students with a major in school health must also have an approved teaching minor. A
minor must be in a subject area that is normally
 taught in public schools. Students should consult
with an advisor before selecting a teaching minor.

CAREER OPPORTUNITIES:
Graduates seek careers teaching health in the
secondary schools in combination with a chosen
minor. With an advanced degree, career teaching
positions at institutions of higher learning become
accessible.
Entry level salaries range from about $32,000
to $42,000 depending on the state in which
employment is sought.
Job opportunities are good. The department
has success in placing the majority of graduates in
teaching positions or in graduate programs.
For more information on careers in your
major, please refer to From Major to Career, a
publication which is located in all college
advisement centers.

THE DISCIPLINE:
The health teaching major prepares students to
become health educators in secondary schools.
Curriculum development, instructional methods,
acquisition and evaluation of resources, and
assessment are among the skills required. Health
educators teach decision making and effective
communication, addressing such areas as
substance abuse and addictive behaviors, human
sexuality, chronic disease, nutrition, consumer
advocacy, emergency care, and injury prevention.
Adolescence is a time where habits are being
established and attitudes are being formed that will
influence people the rest of their lives. The health
educator plays an important role in teaching
knowledge and skills that will enable young people
to cope and flourish in healthy ways in an ever-
changing society.

This handout is NOT a contract between
Brigham Young University and present or
prospective students. Although the university
makes every effort to ensure the accuracy of this
information, it reserves the right to make changes
as university business may require. Students
should regularly consult their department or college
advisement center.

Please check with departments for current availability of all courses.

Note: Students are encouraged to complete an average of 15–16 credit hours each semester or 30–32
credit hours each year, which could include spring and/or summer terms. Taking fewer credits
substantially increases the cost and the number of semesters to graduate.

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2012–2013

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