BS in RECREATION MANAGEMENT AND YOUTH LEADERSHIP: Therapeutic Recreation Emphasis (664523) Map Sheet

Department of Recreation Management and Youth Leadership

For students entering the degree program during the 2010–2011 curricular year.

<table>
<thead>
<tr>
<th>UNIVERSITY CORE AND GRADUATION REQUIREMENTS</th>
<th>PROGRAM REQUIREMENTS (61 total hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>UNIVERSITY CORE REQUIREMENTS</strong></td>
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<tr>
<td>Requirements</td>
<td>#Classes</td>
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<tr>
<td>Doctrinal Foundation</td>
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<tr>
<td>Book of Mormon</td>
<td>2</td>
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<tr>
<td>New Testament</td>
<td>1</td>
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<td>Doctrinal Foundation</td>
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<td>The Individual and Society</td>
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<td>Citizenship</td>
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<tr>
<td>American Heritage</td>
<td>1–2</td>
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<tr>
<td>Global &amp; Cultural Awareness</td>
<td>1</td>
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<tr>
<td>Skills</td>
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<td>Effective Communication</td>
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<tr>
<td>First-Year Writing</td>
<td>1</td>
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<tr>
<td>Adv Written &amp; Oral Communication</td>
<td>1</td>
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<tr>
<td>Quantitative Reasoning</td>
<td>0–1</td>
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<tr>
<td>Languages of Learning (Math or Language)</td>
<td>1–4</td>
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<tr>
<td>Arts, Letters, and Sciences</td>
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<tr>
<td>Civilization 1 and 2</td>
<td>2</td>
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<tr>
<td>Arts</td>
<td>1</td>
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<tr>
<td>Letters</td>
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<td>Scientific Principles &amp; Reasoning</td>
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<tr>
<td>Biological Science</td>
<td>2</td>
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<td>Physical Science</td>
<td>1–2</td>
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<tr>
<td>Social Science</td>
<td>1</td>
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<tr>
<td>Core Enrichment: Electives</td>
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<tr>
<td>Religion Electives</td>
<td>3–4</td>
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<tr>
<td>Open Electives</td>
<td>Variable</td>
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<tr>
<td>GRADUATION REQUIREMENTS:</td>
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<tr>
<td>Minimum residence hours required</td>
<td>30.0</td>
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<tr>
<td>Minimum hours needed to graduate</td>
<td>120.0</td>
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</table>

1. Students are advised to take Stat 121 to fulfill their core course in Languages of Learning general education requirement.
2. First aid and CPR certification must be obtained before completing the RMYL 496R internship experience.
3. Most agencies now require therapeutic recreation specialists to be certified through the National Council on Therapeutic Recreation Certification (NCTRC). Students should consult the NCTRC candidate information at www.nctrc.org to ensure eligibility to sit for the certification exam. To practice in the state of Utah, the law also requires a licensure exam.
4. Students will be required to complete two extensive advising sessions as they declare their major and as they begin their therapeutic recreation core courses.

Complete the following foundation courses:
- I Sys 100 Computer Spreadsheet Skills 0.5
- I Sys 101 Computer Presentation Skills 0.5
- M Com 320 Communication in Organizational Settings 3.0
- RMYL 189 Field Studies 1.0
- RMYL 304 Leisure in Contemporary Society 3.0
- RMYL 307 Accessible Recreation 3.0
- RMYL 320 Program Management 3.0
- RMYL 486 Legal Liability & Risk Management 3.0
- StDev 311R Career Strategies 2.0V

Complete one course from the following:
- P Mgt 321 Financial Issues 3.0
- RMYL 480 Recreation Management Finance 3.0

Complete 9 credit hours from the following:
- RMYL 496R Academic Internship: Senior Project 12.0V

Complete the following:
- PDBio 205* Human Biology 3.0
- PDBio 220* Human Anatomy (with lab) 3.0
- Psych 220 Human Development: Life Span 3.0
- Psych 342 Abnormal Psychology (Prerequisite: Psych 111) 3.0
- RMYL 370 Intro to Therapeutic Recreation 3.0
- RMYL 471 Assessment in Therapeutic Recreation 3.0
- RMYL 472 Program Dynamics in Therapeutic Rec 3.0
- RMYL 473 Issues in Administration of T R 3.0

Complete a minimum of 6 hours (3 hours must be from 300- or 400-level) from the following:
- PETE 461 Adapated PE for Teaching Majors 3.0
- RMYL 215 Social Recreation Leadership 3.0
- RMYL 223R Outdoor Skills Leadership 2.0
- RMYL 301 Family Recreation 3.0
- RMYL 421 Experiential & Outdoor Education 3.0
- Other courses as approved by advisor.

Note 1: Refer to the General Catalog for course prerequisite information.
Note 2: You must complete at least 120 hours to graduate. When totaled, the requirements for this major and the general education requirements may not meet the 120 hour graduation requirement. Additional hours may be needed for graduation.

*THESE COURSES FILL UNIVERSITY CORE AND PROGRAM REQUIREMENTS (6.0 hours overlap)
Suggested Sequence of Courses:

FRESHMAN YEAR
1st Semester
First-year Writing or A Htg 100 3.0
Rel A 121 (FWSpSu) 2.0
General Education courses and/or general electives 10.0
Total Hours 15.0

2nd Semester
A Htg 100 or First-year Writing 3.0
Rel A 122 (FWSpSu) 2.0
General Education courses and/or general electives 10.0
Total Hours 15.0

SOPHOMORE YEAR
3rd Semester
PDBio 205 (FW) 3.0
Rel A 211 or 212 (FWSpSu) 2.0
General Education courses and/or general electives 4.0
Total Hours 15.0

4th Semester
I Sys 100 (FW) 0.5
I Sys 101 (FW) 0.5
M Com 320 3.0
Psych 342 (FWSpSu) 3.0
RMYL 189 (FW) 1.0
RMYL 307 (FWSp) 3.0
Rel C 324 or 325 2.0
General Education courses and/or general electives 2.0
Total Hours 15.0

JUNIOR YEAR
5th Semester
PDBio 220 (FWSpSu) 3.0
Psych 220 (FWSpSu) 3.0
RMYL 370 (FW) 3.0
Religion elective (FWSpSu) 2.0
General Education courses and/or general electives 4.0
Total Hours 15.0

6th Semester
RMYL 320 (FWSpSu) 3.0
RMYL 471 (FW) 3.0
RMYL 486 (FWSp) 3.0
Religion elective (FWSpSu) 2.0
General Education courses and/or general electives 4.0
Total Hours 15.0

SENIOR YEAR
7th Semester
RMYL 472 (FW) 3.0
RMYL 473 (FW) 3.0
Religion elective (FWSpSu) 2.0
General Education courses and/or electives 7.0
Total Hours 15.0

8th Semester
StDev 317 (FW) 2.0
General Education courses and/or general electives 4.0
Total Hours 6.0

Spring or Summer Term
RMYL 496R (FWSpSu) 9.0
Total Hours 9.0

THE DISCIPLINE:
Therapeutic recreation is among the youngest yet fastest growing disciplines in the United States. The BS degree in Recreation Management and Youth Leadership with an emphasis in therapeutic recreation provides students with a fundamental background in human anatomy, human development, disabling conditions, psychology, assessment, and program planning. Students study both theoretical and practical issues related to recreation and leisure. Students learn to synthesize client information in order to develop interventions using recreation as a modality to improve functioning, well-being, and quality of life.

In the therapeutic recreation emphasis, courses prepare students in the areas of leadership skills, systems management, budgeting and finance, program development, facilities management, and current issues in the field. Because of the nature of the profession, coursework may not be limited to the Recreation Management and Youth Leadership department. Course work in the related disciplines of business, behavioral sciences, health sciences, exercise sciences, family sciences, and life sciences may be required.

CAREER OPPORTUNITIES
Therapeutic recreation professionals work in diverse settings including hospitals, rehabilitation centers, drug and alcohol treatment centers, long-term care facilities, retirement centers, youth and adult corrections, mental health centers, and community-based recreation programs for people with disabling conditions. The health care industry continues to change, opportunities to work within other paradigms including home health care and respite care will grow. Depending upon the setting, starting salaries range from $7.00 per hour to $27,000 per year.

For more information on careers in your major, please refer to From Major to Career, a publication which is located in all college advisement centers.

Please check with departments for current availability of all courses.

Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.

Recreation Management and Youth Leadership Department
W453 Tanner Building
Brigham Young University, Provo, UT 84602
Telephone: (801) 422-3163

Marriott School Advisement Center
460 Tanner Building
Brigham Young University, Provo, UT 84602
Telephone: (801) 422-4285